

Black History Month Menu

Our chef Mr Lee, has produced a special menu to celebrate Black History Month. Every Tuesday in the month of October the menu will be changed to reflect food inspired from Caribbean and African cultures.

Date	Main Course – Meat Option	Main Course – Vegetarian Option	Dessert	Available Daily
Tuesday 3 rd October 2023	Jerk Chicken Thigh with Rice & Peas	Macaroni Cheese with Sweetcorn	Carrot Cake, Fresh Fruit, Yoghurt	Jacket potato with cheese or tuna A section of salads Wholemeal bread Water
Tuesday 10 th October 2023	Curried Chicken with White Rice and Pea Carrot Mix	Sweet Potato and Spinach Curry with White Rice and Pea Carrot Mix	Banana Sponge, Fresh Fruit, Yoghurt	
Tuesday 17 th October 2023	Chicken Jollof Rice and Plantain	Vegetable Jollof or African vegetable Stew and Plantain	Pineapple upside down cake, Fresh Fruit, Yoghurt	